



# **NEW WORK AND LIFE IN THE COLOGNE- BONN-REGION?**

# **JOIN THE NEXT PROGRAMME FOR EXPATS IN BONN STARTING IN SPRING 2024**

## **GROW ON A PERSONAL AND PROFESSIONAL LEVEL**

**5 interactive group training modules  
+ 2 individual coaching sessions**

Focus topics:

- German culture orientation
- Quick & efficient integration in your organisation
- Finding happiness in life abroad
- Gaining security & skillfulness in communicating in a new culture
- Business networking & building a support system
- Developing resilience & new resources through expat experiences
- Using time management & structure as resources
- Your own integration & career goals

**CREATED AT INDUSTRY  
TRAINING STANDARDS**

**NOW AVAILABLE FOR YOU!**



## **WHO IS THIS PROGRAMME FOR?**

**Professionals who moved to  
Germany for their career**

**Spouses who accompanied the  
career move of their partner and  
want to kick-start their own career  
in Germany**

**Newly arrived or already here for a  
while: if the focus topics are of  
interest - this programme is for  
you!**

# What did previous participants experience?

“The most valuable take-away for me is the open, peer coaching dialogue within a diverse group of people all grappling with the complexity of integrating as an expat is a powerful group dynamic. I had underestimated how challenging it would be to transition into German society, as an expat, and seeing that I am not alone is quite reassuring and motivating. I like the mix of coaching techniques and open, group reflection.”

Lisa Lange



# What did previous participants experience?

“Eva and Nevena have their own experience in the corporate world and real-life experiences with integration, in various stages of their lives as young professionals, married, and the game-changer kids. I feel most trainings concentrate just on language here I felt a more holistic approach.”

Carl Murray

“You feel you belong from day 1. It is a good and rare chance in Bonn to meet other expats sharing similar feelings, lifestyles, opportunities, and struggles. Having a monthly closed safe place where you can share all that is on your mind is something to cherish. The program’s structure helps in easing the onboarding for non-German professionals in Bonn”

M.S., Project coordinator

“The experience is very enriching! I am very thankful for this opportunity to make us to think, take us out of our comfort zone and absorb about the country in which we are living. It is very friendly environment, and all participants feel comfortable to express themselves including exposing their vulnerabilities.”

G.W., Sr. Tax Manager Tax Planning and Strategies

# What did previous participants experience?

“The program has helped to understand the cultural differences when integrating in a new country, the emotions and feelings that come from moving abroad. On the professional level, the 1:1 meeting I had with my coach helped me a lot in defining a future goal for my career. They listen in depth to participants when they speak, they show a great deal of interest in people, they're passionate about this program and giving knowledge from the heart.”

Dania

“I found the Curve very interesting. When we were all asked to stand which phrase of the curve we see ourself. Here I saw some were behind me and some were ahead of me where I want to be. This curve game me a hope that time shall pass. It made me realise the hurdles I have already crossed and hurdles which might come in the future.”

Priya

“I have benefited greatly from the programm. I have learnt from Nevena and Eva experience and would give it a 5 out 5 rating. The people I met are from diverse backgrounds making the program much more interesting. It has a positive attitude towards integration and expat life. It is more than a training but rather building skills that will help me for the future.”

Murtaza Janoowalla, Innovation Manager, Kenya

# SECURE YOUR PLACE NOW AND SAVE 33% BY BENEFITTING FROM THE EARLY BIRD REDUCTION!

Get access to 5 half day training modules in a small group of like minded expats PLUS 2 individual coaching sessions for **979 €** (plus VAT).

Offer available until 31.12.2024

Regular programme price: 1460 € (plus VAT)

**Interested?** You can sign up for more information here:  
we will get back to you!



or by clicking [here](#).

# ABOUT US



## NEVENA PAESLER

Business and Intercultural Coach  
Lecturer for M.A./MBA in international  
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12+ years career in global and regional  
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Nationality: Bulgarian & German  
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## EVA TARABICHI

IHK certified Business Coach &  
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16+ years of expatriation in 5 countries  
10+ years career in global companies  
and coaching global players  
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**It is our mission to make intercultural  
coaching and training accessible to  
you.**



# WE ARE HAPPY TO ANSWER YOUR QUESTIONS

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